

Stay comfortable. Stay in control.

Your Eco Shift Checklist: everything you need to participate and earn your cash reward.

efficiency
NOVA SCOTIA

THE ECO SHIFT SEASON RUNS DEC. 1, 2026, TO FEB. 28, 2027.

1 START OF THE SEASON

- ☐ **Check the connection.**
Open your thermostat's app. If you can control it there, you're connected. **Changed your Wi-Fi or modem?** You may need to reconnect.
Have questions? Call Efficiency Nova Scotia at 1-877-999-6035.
- ☐ **Check the mode.**

Baseboard thermostats	Make sure they're on.
Heat pump controllers	Set to Heat or Auto.

2 BEFORE AN EVENT

- ☐ **Watch for your event notification.**
We'll send an email or text a day or a few hours before each event, and another when it starts. It tells you when the event will happen and how long it may last.
- ☐ **Check your temperature setting.**

Baseboard thermostats	16°C or higher
Heat pump controllers	19°C or higher
- ☐ **Check your smart-home apps.**
Google Home, Apple Home or other apps that control your thermostat could override the Eco Shift event. You may need to cancel that programming for the event.
- ☐ **Expect slight preheating.**
Up to 30 minutes before an event, your home may be warmed slightly to help keep you comfortable.

HAVE QUESTIONS?

 **Call Us 1-877-999-6035**

3 DURING AN EVENT

- ☐ **Expect a small adjustment.**
Your thermostat may be lowered by up to 2°C for up to four hours. It won't be set below:

Baseboard thermostats	14°C
Heat pump controllers	17°C
- ☐ **If you're comfortable, let your thermostat complete the event.**
Changing the temperature once warming or the event begins may interrupt participation.
- ☐ **Need to opt out? Simply adjust your thermostat. You're always in control.**
Opting out removes all your enrolled devices from that event, and the event won't count toward your season participation.

4 AFTER AN EVENT

- ☐ **No action needed.**
Your thermostat automatically returns to its pre-event setting.

5 ALL SEASON LONG

- ☐ **Earn your \$30 cash reward.**
Take part in at least 50% of eligible events, with at least 50% of your enrolled devices participating.
- ☐ **Stay comfortable. Stay in control.**
Remember: if you're comfortable, let your thermostat complete the event. But if you need to adjust it or opt out, you can.

Turn over: what to expect before, during and after an event. →

What happens before, during and after an Eco Shift event.

\$30

ACROSS THE SEASON: EARN YOUR \$30

Take part in at least 50% of eligible events, with at least 50% of your enrolled devices participating.

THREE QUICK CHECKS

You can only participate if your thermostat is ready.


Connected.

Open your thermostat's app. If you can control it there, you're connected. Changed your Wi-Fi or modem? You may need to reconnect.


In the right mode.

Baseboard: Make sure the thermostat is on.

Heat pump: Controller set to Heat or Auto.


Warm enough.

Before an event set it to:

Baseboard **16°C** or higher

Heat pump **19°C** or higher

BEFORE AN EVENT

A gentle warm-up,
up to 30 minutes before

Your own setting

DURING AN EVENT

WON'T BE SET BELOW

14°C

Baseboard

17°C

Heat pump

Up to 2°C lower, for up to four hours

AFTER AN EVENT

Back to your setting,
by itself

The notice arrives

An email or text comes a day or a few hours before, and again when the event starts.

Watch your smart-home apps

Google Home, Apple Home or other apps that control your thermostat could override the Eco Shift event. You may need to cancel that programming for the event. Your thermostat's own schedule is fine.

A gentle warm-up

Up to 30 minutes before, your home may be warmed slightly to help keep you comfortable.

Have questions about Eco Shift?

Efficiency Nova Scotia · 1-877-999-6035

A small adjustment

Your thermostat may be lowered by up to 2°C for up to four hours.

If you're comfortable, leave it

Changing the temperature once warming or the event begins may interrupt participation.

Need to opt out? Simply adjust your thermostat.

You're always in control. Opting out removes all your enrolled devices from that event, and the event won't count toward your season participation.

No action needed

Your thermostat goes back to its pre-event setting by itself.

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